



Medications to Avoid

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Please do not take any medications in the following drug categories or any listed below seven (7) days prior to your initial appointment or for scheduled allergy skin testing. Medications with a longer avoidance time are noted. You may resume these medications after testing.

While the following represents a list of the most common medications to avoid, it does not represent an exhaustive list that should be avoided. If you have questions about a medication you are taking and whether or not it should be avoided, please contact us and ask to speak with our nursing staff.

- All anti-histamines
- All over the counter cough, cold or allergy medications
- All allergy eye drops
- All anti-histamine nose sprays
- Some acid reducers (H2 blockers)
- All topical corticosteroids (creams or lotions) applied to the back and arms
- All anti-emetics (anti-vomiting or anti-nausea)
- All appetite suppressants
- Any of the following or any combination drug/medication containing any of the following:

Actifed	Cimetidine	Extendryl	Nizatidine	Sinequan
Alavert	Clarinet	Famotidine	Nolahist	Sinulin
Allegra products	Clariten products	Fexofenadine	Nolamine	Tagamet
Allerhist	Clemastine	Hycomine	Opcon-A	Tavist
Antivert	Codimal	Hydroxyzine	Optivar	Trinilin
Astelin	Corticaine	Ketotifen eye drops	Pataday	Tussionex
Astepro	Cyproheptadine – 10 days	Kronofed	Patanase	Tylenol Sinus
Atarax	Deseryl	Levocabastine	Patanol	Tylenol PM
Atrohist	Dimetane	Levocetirizine	Pepcid	Visine-A
Axid	Diphenhydramine	Livostin	Periactin – 10 days	Visteril
Benadryl products	Doxepin	Loratidine	Phenergan products	Xyzal
Bepreve	Dramamine	Marezine	Promethazine	Zaditor
Brompheniramine	Drixoral	Meclizine	Ranitidine	Zantac
Cetirizine	Dymista	Mellaril	Rynatan	Zyrtec
Chlorpheniramine	Ebastine	Mequitazine	Rynatuss	
Chlortrimeton products	Elestat	Naphcon A	Semprex	



Please CONTINUE the following medications. They will NOT interfere with skin testing:

Advair	Dulera	Nasacort	Qnasl	Triamcinolone
Albuterol	Flonase	Nasonex	Qvar	Ventolin
Alvesco	Flovent	Omnaris	Rhinacort	Veramyst
Asmanex	Fluticasone	ProAir	Singulair	Xopenex
Budesonide	Levoalbuterol	Proventil	Spiriva	Zetonna
Combivent	Montelukast	Pulmicort	Symbicort	



If you are being treated for HIVES or SEIZURES, please call us at (865) 525-2640.